

WHAT TO DO ABOUT TEENAGE RELATIONSHIP ABUSE (TRA)

Anyone can be in a relationship that is abusive. It's never OK and there is help for those who are hurt and those who harm others. If you know a teenager who is in an abusive relationship please use this flowchart to get them the right support as early as possible

Young person reveals s/he is being harmed or harming others

Listen, acknowledge and adopt a believing approach

Reinforce right to be safe and responsibility not to harm others
Reassure that help seeking is positive
Explain duty to refer where there is risk of harm
Assess risk and need using *Young Person's Risk Indicator Checklist* where possible
http://www.caada.org.uk/Young_People/YP_RIC.htm
Safety Plan with the young person

YOUNG PEOPLE AGED 16+ are eligible for specialist domestic abuse support in their own right

Refer all HIGH RISK 16+ to **MARAC** using CE DA Hub form here →

Offer a referral to the DA Hub to those at lower risk, using the same referral form
cedah@cheshireeast.gcsx.gov.uk

Police attend incident

Professional or community member has concerns that a person under 18 is being harmed or harming others

Contact ChECS
for ALL young people under 18 who need safeguarding
0300 123 5012

- **ADVICE, INFORMATION**
- **FURTHER ASSESSMENT**
- **HELP AND PROTECT**
- **SUPPORT RE CAF**
- **REFERRAL TO CHILDREN'S SOCIAL CARE**
- **REFERRAL TO OTHER AGENCY**


CE Domestic Abuse HUB referral form.doc


YP_safetyplan_2014 (2).pdf

HELP FOR YOUNG PEOPLE WHO HURT OTHERS

ChECS and/or the **Domestic Abuse Hub** can help find support for young people to change their abusive behaviour.



See www.thisisabuse.org.uk and www.cheshireeast.gov.uk/domesticabuse for more information on **TEENAGE RELATIONSHIP ABUSE**

For **Child Sexual Exploitation** follow local CSE procedures at [Cheshire East Safeguarding Board CSE procedures](#)

